



## Five Easy Steps For Sharing Books With Babies

- 1. Pick the best time.**  
Choose a time when you and your baby are in a good mood and ready to enjoy each other.
- 2. Show baby the book.**  
Point to the pictures and talk naturally and cheerfully.
- 3. Talk and have fun.**  
Remember to touch and love your baby the whole time.
- 4. Watch what the baby does.**  
Let your baby play with the book if he wants to and stop if he gets frustrated or upset.
- 5. Share a book with your baby every day.**  
Even just a few minutes a day is important.



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